

Alternacare Physical Medicine & Rehabilitation  
3500 Hwy. 34 East, Suite 15  
Sharpsburg, GA 30277

(TESTIMONIAL)

Dr. Rob DeBease presented a Health and Safety program at my worksite in early May. Dr. DeBease's program on how to have and maintain more energy and fewer injuries in the workplace was very informative. In today's high stressed and fast paced world we all could use some tips on how to survive such a rat race. The information we received was the deciding factor in which three of my fellow employees and myself decided we needed to pursue the alternative health care Dr. DeBease offered.

I have been suffering with sciatica pain, low back pain and almost daily headaches for several years now. I have seen many doctors from all specialties and taken tons of prescribed and O.T.C. pain relievers on a daily basis, only to have the pain dulled for a few hours and return again. My pain had progressed to the point I couldn't enjoy my life, my work or my grandchildren.

I made my appointment with Dr. DeBease the next week after our health presentation. My complete evaluation was done and the team of doctors came up with a course of action to take for my therapy. I have been taking the adjustments for approximately 4 weeks now with Dr. Noble and I can already feel a change in myself. The pain has diminished to the point I no longer take pain pills every day, and have taken very few since I started my treatment with Dr. Noble. It is such a blessing to get up each day and not have to start your day with pain.

Dr. Frank and Dr. Rob along with all the healthcare professionals at Alternacare truly seem to care about each patient's well being and their success with the program. Everyone is cordial, courteous and professional and I have no doubt that when I have finished with my therapy program, I will have been given a new lease on life.

Thanks Doctor Rob and Dr. Frank and all your wonderful staff at Alternacare, you have given me the ability to strive for a better more meaningful "old age".

Best Regards To All,

*Mary A. Talley*